



## **MEDIA RELEASE**

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### **FOR IMMEDIATE RELEASE**

Priority: **HIGH**

### **Celebrating a Century of Wisdom and Life: Newest Centenarian Joins Ministry of Social Development and Family Services National Centenarian Programme**

**Port of Spain** – George Alexander, affectionately known as "Dollar Rescue" is the latest centenarian to be recognised by the Ministry of Social Development and Family Services. Born on December 19, 1924, in Blanchisseuse, George now joins the esteemed ranks marking a significant milestone in his extraordinary life.

Senator the Honourable Donna Cox, Minister of Social Development and Family Services, visited George during a heartwarming gathering at his family home, to celebrate his remarkable achievement. George, who grew up in Biche and fondly remembers planting rice in his youth, has lived through significant changes, witnessing the evolution from donkey carts to modern automobiles.

"I am very proud of my family, my home, and to still be around to see my great-great-grandchildren," said George, reflecting on his century of life. He attributes his longevity to a life rooted in faith, sharing that his secret to a long and healthy life is "praying a lot and eating healthy." His favorite scripture, the "Our Father" prayer, continues to guide him, and his advice to the younger generation is simple: "Live with one another in love and harmony."

Throughout his life, George has stayed active, enjoying singing, cooking, and spending time with his children, grandchildren, and great-grandchildren. His fond memories include traveling to Barbados, touring the tunnels, and the joyous times spent hopping on the tram car with friends in his youth.

George's career as a road worker with the Government of Trinidad and Tobago, specifically with the St. George County Council, is another significant chapter in his life. His journey in love began when he met his spouse through a friend, and they shared more than 30 years together. He is the proud father of four children (two boys and two girls), grandfather to nine, and great-grandfather to 17.

The National Centenarian Programme, initiated by the Ministry of Social Development and Family Services, seeks to celebrate the incredible lives of those who have reached the age of 100 and above. This programme provides an opportunity for centenarians to be recognized for their longevity, resilience, and contributions to society, while also promoting their health and well-

being. Through regular visits and engagement, the Division of Ageing ensures that these individuals continue to receive the support and care they deserve.

As George Alexander embarks on his 100th year, the Ministry of Social Development and Family Services extends heartfelt congratulations, and celebrates his enduring legacy. We are reminded that longevity is not just a testament to the years lived, but to the richness of the relationships, experiences, and wisdom gathered along the way.

To register for the National Centenarian Programme, please visit the Ministry's website at [www.social.gov.tt](http://www.social.gov.tt) to complete the online form. For more information, persons may contact the Division of Ageing at 623 – 2608; Ext. 2001 to 2009, or 800-OPIC (6742).

**Contact Information:**

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**Caption:** Minister Donna Cox celebrates with Centenarian George Alexander and relatives.



**Caption:** Minister Cox shares a light moment with George Alexander



**Caption:** Minister Cox presents a hamper courtesy HADCO to George Alexander



**Caption:** Centenarian George Alexander shows Minister Cox his appreciation as he receives his Certificate of Achievement.