



MEDIA RELEASE

Friday, 29 March 2024

FOR IMMEDIATE RELEASE

Daily prayer, faith in God credited as Evelyn Conneuil celebrates 100

Despite the numerous challenges she has faced in her early years, the family of new centenarian Evelyn Conneuil is filled with gratitude that its matriarch is celebrating her 100th birthday and believes the secret to her longevity is her faith in God and daily prayer. The celebration to mark the milestone took place on her birthdate March 28, 2024, in El Dorado and included some of her children, grandchildren, great-grandchildren, and her caregiver.

Ms Conneuil was born on March 28, 1924, in the picturesque hills of Caura to Bristol Ferdinand of Dominica and Constance “Gang” Burgess of Grenada. One of ten siblings, Ms Conneuil lived in Paria before settling in Holder’s Drive, El Dorado, a place she has called home for many years. As a young woman, she worked as a labourer at the CGA Coconut Growers Association in Laventille.

The mother of three (3), grandmother of twelve (12), great-grandmother of twenty-six (26) and great-great-grandmother of two (2) now has Alzheimer’s. Despite her memory loss, her family fondly remembers her passion for baking and cooking "deliciously prepared" meals. During the Christmas season, her yellow sponge and black fruit cakes were a beloved tradition, with preparations beginning as early as September.

During her better days, she can reminisce about memories from her youth. Nowadays, she spends her time relaxing in the comfort of her bedroom, either lying down or watching television. On advice for the younger generation, she conveyed “Give yourself time to grow up and enjoy life, don’t rush.”

To register for the National Centenarian Programme, please visit the Ministry’s website at www.social.gov.tt to complete the online form or print a downloadable form for completion. For more information, persons may contact the Division of Ageing at 623 – 2608; Ext 2001 to 2009, or 800-OPIC (6742).

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For more information, contact

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Mr Anderson Cyrus, Inspector I of the Ministry's Division of Ageing presents Ms. Evelyn Conneuil with her Certificate of Honour and Achievement. Ms Conneuil is joined by her granddaughter, Nikesha Burgess.



Ms Evelyn Conneuil celebrates her 100th birthday on March 28, 2024.