



Government of the Republic of Trinidad and Tobago

Ministry of Social Development and Family Services



## MEDIA RELEASE

April 30, 2022

FOR IMMEDIATE RELEASE

Priority: HIGH

### *New Centenarian credits God for extending her life.*

It was a programme packed with activities for new Centenarian Ms Theadora George who celebrated her 100<sup>th</sup> birthday on April 29<sup>th</sup>, 2022. To mark the occasion, her family hosted a small gathering with friends and loved ones at her Pleasantville Terrace, San Fernando home. Joining the celebrations was the Director of the Division of Ageing, Dr Hyacinth Blake on behalf of Senator the Honourable Donna Cox who congratulated the centenarian and asked her what is the secret to her longevity.

The mother of two, grandmother of six and great grandmother to ten in her response credited God for attaining the milestone. According to Ms George “If He say so, I can’t say no, because He is one that have me here. He is the one that created me in His image and likeness and He has extended my years, He has kept me” said Ms George.

During the celebration, tributes were paid by well-wishers who noted that Ms George is a rich example of history and can provide detailed information on how areas such as New Grant, Hard Bargain and Happy Hill were named. Tributes were also paid by Bishop John of the St. Peters Spiritual Baptist Church who told those gathered that Ms George fondly called Grandma Dora and Sister Stuart would walk to church. This he said is the reason for her strength and as according to the country’s latest centenarian, she has no ailments.

Following the tributes, attendees then accompanied her great-grandson Osiah Bacchus on the pan as they sang happy birthday. Following the celebrations, Dr Blake presented Ms George with a Certificate of Honour and Achievement, a care package, and a birthday cake courtesy of the Kiss Baking Company. Ms George also received a birthday cake and a hamper from the Jamieson Company.

Ms George then thanked the Ministry and in her words of appreciation imparted words of wisdom to those in attendance. According to Ms George, “Do good and good will follow you, say yes and mean yes and always say a kind word. It is not what you do but how you do it and take the name of Jesus with you. Whatever happens, happens. He has predestined it to be so”

Ms George born in 1922, grew up in Tableland and attended the Eldric C.M. school in Tableland. She noted that the world has changed drastically over the last one hundred years due to technology; however, she spends her days relaxing in the name of her maker and praising Him for the extension of her life.

The Ministry of Social Development and Family Services was pleased to honour our latest centenarian and encourage family and loved ones, Members of Parliament, Local Government representatives, friends, and neighbours to salute our nation's centenarians by registering for the Programme. Persons may visit the Ministry's website at [www.social.gov.tt](http://www.social.gov.tt) and complete the online form or print a downloadable form for completion. Completed forms may be dropped off at the nearest Social Welfare Office or emailed to the Division of Ageing at [opic@social.gov.tt](mailto:opic@social.gov.tt). For more information, persons may contact the Division of Ageing at 623 – 2608; Ext 2001 to 2009 or 800-OPIC (6742).

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*Director of the Division of Ageing, Dr Hyacinth Blake presents Ms George with her Certificate of Honour and Achievement.*



Dr Blake receives the secret to longevity from new centenarian Ms Theadora George,



*Ms George's great-grandson Osiah Bacchus plays Happy Birthday on the pan.*